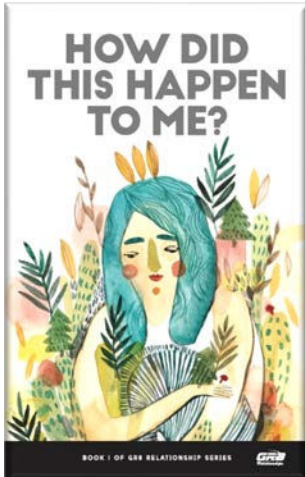


FOR IMMEDIATE RELEASE
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How Did This Happen to Me?



Midland, TX...Has your world been rocked by an event you didn't expect? Are you reeling from a hurt relationship or someone walking out on you?

You are not alone.

In this new book release, *How Did This Happen To Me?* (Equip Press January 2023), you can read how to start the journey towards better relationships. This is book one in an 8-book series written by Hermann Eben founder of GR8 Relationships, a ministry that is devoted to helping people restore relationships.

Maybe you are stumbling around trying to figure out how to repair your relationships with your spouse, friend, sister, or parent. In the pages of this book, you will discover "Relationships Made Simple". This book, and the series, will show you how to use Feelings, Freedom, Forgiveness, and Confession in constructive and life-giving ways.

You will begin to understand why your life surprises you. You will ask, "If someone is to blame in a relationship, does that mean there is a problem?"

I Thought When I Got Married Life Would Be Simple and Easy



Do we truly understand relationships and marriage the way God designed them? Or do we bring unrealistic expectations into our relationships or think we can change the other person?

The basis for relationships between men and women is founded on the fact that we were made in God's image. Next in his series, *What Happened to Us?* (Equip Press January 2023), the reader will look at God's design for relationships and find that good relationships require trusting in God because He designed us and knows what will work best for us.

The creation story drives everything about the design of men and women. Genesis provides the *how* and *why* foundation for understanding the design for men and women. God's whole purpose throughout the Bible is to bring mankind back into the purpose of God's original design, which is to rule and reign over the earth with

Him. God created man and woman in complimentary relationships and gave them specific purposes and roles that relate to who God is.

In 1991, Eben, received a call that would rock his world. His wife was having an affair. Devastated, they agreed together to get help and work through their relationship. Hermann confesses, "It honestly took me by surprise. I

definitely was not a victim in the scenario, but it was a slap in the face that woke me up to so much bad news about me, my wife, and our relationship. It caused me to look at my relationship with God more closely, too.” (Their video testimony can be found here <https://gr8relate.com/hermann-louie/>)

Against all odds, God did an amazing thing and restored their marriage. After coming through some difficult trials, Hermann and Louie decided to help others. And that is what they have been doing for 30 years through GR8 Relationships (www.gr8relate.com). Through seminars and meeting with couples one-on-one, the results show lives transformed and relationships saved.

Hermann continues: “Great relationships are created between 2 REAL people who are pursuing the BEST for the other person. It is a relationship without demands, without control, and without regrets. They know the other person’s weaknesses and strengths very well, and they still love, value, and accept them - THE WAY THEY ARE! Why? **Because that is the SOLUTION - pursuing their best - patiently, kindly, sacrificially, and unconditionally.**”



At GR8 Relationships, we are on a mission to help a million people find Freedom in relationships! Each book will help you learn how to pursue their best and gain freedom in your relationships.

For more information visit www.GR8Relate.com
You can connect with Hermann Eben and his team here:
www.facebook.com/gr8relationships/
twitter.com/gr8relate/
linkedin.com/company/gr8relationships/
instagram.com/gr8relate/

What people are saying about GR8 Relationships:

You and your material have been a Godsend for me. It was just the right time in my life to absorb your message like a sponge. Thank you!

High School Counselor

Amazing perspective, and very helpful insight.

Business Executive

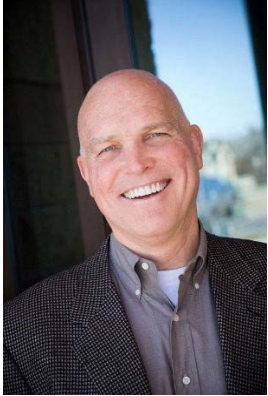
I have become more self-aware and able to change, for the better, how I see and interact with those around me. The course helped me to heal and grow in ways I didn't think were possible.

Homemaker

Talking Points for Hermann Eben, founder of GR8 Relationships, author of *How Did This Happen to Me?* and *What Happened to Us?*

- The Problem and the Solution
- The path to healthy relationships
- The journey to freedom
- How to assess relational well-being
- Good relationships require trusting God
- Free life changing courses from GR8Relate

Hermann Eben



Hermann Eben has served in executive management roles for 40+ years in the business arena. In 1998, Hermann co-founded GR8 Solutions Group (previously TrimTab Solutions). Originally dedicated to building superior cultures with great leaders, he developed the GR8 Leaders material to help create engaged, serving, and self-governing cultures encouraging the development of high-performance leaders with excellent values, focused execution, and clear communication.

Hermann's world was devastated in 1991 when he found out that his wife, Louie, was having an affair. Hermann was not a victim in that situation, but it was a slap in the face that woke him up to so much bad news about himself, his wife, their relationship, and his relationship with God. (See their video testimony at

<https://gr8relate.com/hermann-louie/>).

God restored their marriage.

He and Louie have held countless weekend seminars, met with couples one-on-one, and facilitated weekly study groups.

Hermann has also developed leadership courses, books, and created workshops.

Hermann has lived in Midland, Texas, since 1983 and has three adult children and seven grandchildren. He grew up in Mesquite, Texas, and graduated from Oklahoma State University with a Bachelor of Science in Accounting and a Master of Business Administration. He is certified as a Business Structural Consultant, an Individual Structural Consultant, a Creating What Matters® facilitator, a Kolbe Conative Index® Interpreter, and a certified Managerial Moment of Truth facilitator. He served on several organization boards and chaired charitable events. He is an active member and teacher at his church, Midland Bible Church.

For more information visit www.GR8Relate.com

You can connect with Hermann Eben and his team here:

www.facebook.com/gr8relationships/

twitter.com/gr8relate/

[linkedin.com/company/gr8relationships/](https://www.linkedin.com/company/gr8relationships/)

[instagram.com/gr8relate/](https://www.instagram.com/gr8relate/)